

# Same food. Different answer.

3 food mix-ups to understand before sharing with your dog or cat.

**The food name is only the beginning.**

Ingredients, preparation and the pet change the answer.

## 01 Plain food is not a recipe

BANANA

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BANANA BREAD

An answer about plain banana does not cover banana bread. A recipe may include chocolate or raisins, so the other ingredients matter too. [1]

**Try this:** Search the actual food in the checker. If it is a mixed dish, check each ingredient. No match does not mean safe.

## 02 Raw is not cooked

Raw egg can carry harmful bacteria. Advice about plain, fully cooked egg does not apply to raw egg or a seasoned breakfast dish. [1-3]

03

## Your dog is not your cat

DOG FOOD

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CAT FOOD

A stolen bite is different from a daily diet. Dog food does not meet cats' nutritional needs. Cat food is not an appropriate regular replacement for dog food and can upset some dogs' stomachs. [4-5]

**The useful distinction:** Pick the species first. Ask your vet before changing meals or adding treats, especially with health conditions or a prescribed diet.

### Look up the food you actually mean.

[Open the dog & cat food checker](#)

Choose Dog or Cat, then search the food or question.

### Already eaten something concerning?

Call your veterinarian promptly. In the U.S., ASPCA Poison Control: **888-426-4435** (fee may apply). Outside the U.S., contact a local emergency vet. Do not delay a call to use this guide. [1]

### Sources you can open

[1] [ASPCA: foods to avoid](#)

[4] [PetMD: dogs eating cat food](#)

[2] [PetMD: eggs for dogs](#)

[5] [PetMD: cats eating dog food](#)

[3] [PetMD: eggs for cats](#)

General education, not a feeding plan or exposure assessment. Not independently veterinary reviewed. Sources checked September 30, 2026.